

# COMMUNITY CHANGE



## A WestSide Baby Fall FUNdraiser

### Learning Resources

#### Read

- [Families Across the U.S. Struggle to Afford Diapers, Wipes and Formula](#) - New York Times article by Jessica Grose
- Storming Caesar's Palace: How Black Mothers Fought Their Own War on Poverty - book by Annelise Orleck
- [What Serena Williams's scary childbirth story says about medical treatment of black women](#) - Vox article by P.R. Lockhart
- Between the World and Me – book by Ta-Nehisi Coates which discusses race, the American dream, and fatherhood
- [Health/Health Care Outcome Disparities data](#) - key facts on health and health care by race and ethnicity
- Pushout: The Criminalization of Black Girls in Schools - book by Monique Morris
- [It is Time for Reparations](#) – New York Times Magazine article by Nikole Hannah-Jones

#### Listen

- [Nice White Parents](#) - podcast about building a more equitable school system
- [Retreat #1 NY Times The Daily](#) - podcast on disparities in maternal and infant mortality rates in U.S. (May 11, 2018)
- [Dr. Nadine Burke Harris on Armchair Expert](#) - podcast Dr. Harris visits the Armchair Expert to discuss the impact childhood trauma has on health and longevity

#### Watch

- 13<sup>th</sup> – documentary on Netflix about race and mass incarceration
- [The Urgency of Intersectionality](#) – TED Talk by Kimberle Crenshaw
- [How Childhood Trauma Affects Health Across a Lifetime](#) – TED Talk by Dr. Nadine Burke Harris